



SEPTEMBER 2023

SACKETS HARBOR CENTRAL SCHOOL

Monday

Tuesday

Wednesday

Thursday



Free & Reduced Application & return as soon as possible. It will help the district in many









other areas. Please call 315-646-3575 with any questions.

Breakfast Sandwich

Alternate: Cereal/Pop Tart

100% Juice

HAPPY LABOR DAY!

SUPERINTENDENT'S DAY

Breakfast Pizza Alternate: Cereal/Pop Tart 100% Juice Fruit

Choice of Milk

WELCOME BACK!

Alternate: Cereal/Pop Tart

100% Juice

Fruit

Choice of Milk

Alternate: Cereal/Pop Tart 100% Juice Fruit Choice of Milk

Cinnamon Toast Crunch Bar Alternate: Cereal/Pop Tart 100% Juice Fruit Choice of Milk French Toast Sticks
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Breakfast Pizza
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Mini Glazed Breakfast B<mark>ites</mark> Alternate: Cereal/Pop Tart 100% Juice Fruit Choice of Milk

Breakfast Sandwich

Alternate: Cereal/Pop Tart

100% Juice

Fruit

Choice of Milk

Cinnamon Toast Crunch

Alternate: Cereal/Pop Tart

100% Juice

Fruit

Choice of Milk

French Toast Sticks
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Breakfast Pizza 20
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Mini Glazed Breakfast Bites
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Breakfast Sandwich 22
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Cinnamon Toast Crunch
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

French Toast Sticks 26
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Breakfast Pizza
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Mini Glazed Breakfast Bites
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

Breakfast Sandwich 29
Alternate: Cereal/Pop Tart
100% Juice
Fruit
Choice of Milk

